#### Ohio Department of Medicaid

### HEALTHCHEK AND PREGNANCY RELATED SERVICES INFORMATION SHEET

# **HEALTHCHEK – CHECK IT OUT!**

Did you know Ohio's Medicaid program includes **Healthchek** services for children up to 21 years of age? (These services are also called EPSDT sometimes.) **Healthchek** services help children stay healthy and reduce the chances of sickness by treating health problems early. All **Healthchek** services are free. You can get help and information by contacting your county Healthchek Coordinator or your managed care plan and by going to <a href="http://medicaid.ohio.gov/FOROHIOANS/Programs/Healthchek.aspx">http://medicaid.ohio.gov/FOROHIOANS/Programs/Healthchek.aspx</a>

# **Screening Services**

Doctors want children to have well-child check-ups (screenings) while they are growing up so that health problems can be found early. Check-ups covered by **Healthchek** include:

- Physical check-ups
- Vision checks
- Dental checks
- Hearing checks

- Nutrition screenings
- Mental health screenings
- Developmental screenings
- Immunizations, if needed

Mothers should have at least one prenatal exam and children should have exams at birth, 3 to 5 days of age and at 1, 2, 4, 6, 9, 12, 15, 18, 24, and 30 months of age. After that, children should have at least one exam per year. All children should have tests for lead poisoning.

#### **Treatment Services**

If the doctor finds a problem during a check-up, the doctor may provide the treatment or may refer you to another doctor. **Healthchek** covers treatment services. Some services may need prior approval. If your child <u>is not</u> in a managed care plan and needs prior approval for a service, your doctor will need to request it from Ohio Medicaid. If your child <u>is</u> in a managed care plan, your doctor will request prior approval from the plan. If you disagree with the decision made by Ohio Medicaid or your child's managed care plan, you can ask for a hearing. Check with your Healthchek Coordinator for more information.

## **Support Services**

The names, addresses and phone numbers of Healthchek Coordinators for all counties can be found at <a href="http://medicaid.ohio.gov/Portals/0/For%20Ohioans/Programs/countycoordinators.pdf">http://medicaid.ohio.gov/Portals/0/For%20Ohioans/Programs/countycoordinators.pdf</a> or by calling your County Department of Job and Family Services. If you need to find a doctor, dentist or other health care provider, your county Healthchek Coordinator can give you a list. Your Healthchek Coordinator can also help you make doctor's appointments and help you get transportation to the doctor. If your child is in a managed care plan, the plan can also help make doctor's appointments and may provide transportation to the doctor. The plan can also give you a list of doctors in their plan. You can go to the plan's website for more information.

You can ask your Healthchek Coordinator to make referrals for you to Head Start, the Women, Infants, and Children (WIC) program, Help Me Grow, and the Bureau for Children with Medical Handicaps. Your Healthchek Coordinator can give you names of other agencies that can help you get clothing, housing, food, and other services. You may also submit questions using an online form found at <a href="http://medicaid.ohio.gov/CONTACT.aspx">http://medicaid.ohio.gov/CONTACT.aspx</a>.