

# REVIEW PROCEDURES FOR ST. JOHN'S LUTHERAN SCHOOL WELLNESS POLICY

## Purpose

St. John's Lutheran School believes in providing a safe and healthy environment for both students and staff. A well-developed and continually evolving wellness policy helps us to achieve this goal. The wellness policy must be reviewed and updated every year. A triannual review using the WellSat Scorecard must be completed per the USDA Food and Nutrition Services.

## Review procedure

Every year, a panel comprised of teachers, staff, and/or parents will review the wellness policy and make appropriate updates. The panel will be headed by the current health/fitness instructor. Every three years, the review will include the WellSat Scorecard. The WellSat Scorecard is a tool used to assess the effectiveness of the wellness policy.

The WellSat Scorecard will help assess the areas of the wellness policy that need more attention. Once the scorecard is complete, the panel can determine the best way to update the policy. All updates will be presented to the Board of Christian Education for approval.

The approved wellness policy will be sent to families via email outlining the changes made and will be uploaded to the school website.

## Involvement

Panel members are required to attend biannual meetings for the review of the wellness policy. The meeting schedule is determined by the health/fitness instructor. Any persons wishing to be involved in the review process of the wellness policy can contact **Kathryn Pinti at (937) 644-5540 or [kpinti@sjsmarysville.org](mailto:kpinti@sjsmarysville.org)**.

This institution is an equal opportunity provider.